

**The Manchester Downtown Hotel (formerly the Radisson)
Sunday December 9th, 2018**

PHARMACIST Educational Objectives:

“DEA Update: Controlled Substances Regulations and Drugs of Abuse” Claire Brennan, Division Program Manager, Drug Enforcement Administration

2 hours of knowledge based CE

Pharmacists (ACPE #0837-9999-18-240-L03- P)

- Recognize required recordkeeping regulations and expectations for a DEA pharmacy audit
- Recognize potential “red flags” as they relate to prescriptions and/or customers
- List common drugs of abuse and methods of diversion
- Identify appropriate disposal options for controlled substances

“Self-Care for the Cancer Patient” Maryann Cooper, PharmD, BCOP, Associate Professor of Pharmacy Practice, MCPHS University, Manchester, NH, President, NH Pharmacists Association

1 hour of knowledge based CE

Pharmacists (ACPE #0837-9999-18-241-L01-P)

- Identify side effects in oncology patients that are appropriate to manage with self-care strategies
- Describe when it is appropriate to refer a patient to their provider vs. recommend self-care strategies
- Discuss appropriate self-care approaches for certain treatment related side effects

“Making Sense of Fibromyalgia Syndrome” Charles D. Radis, D.O., Rheumatology, Maine Coast Memorial Hospital, Ellsworth, Maine

1 hour of knowledge based CE

Pharmacists (ACPE # 0837-9999-18-242-L01-P)

- Describe the diagnostic criteria for fibromyalgia syndrome and how this has changed since 2010
- List the evidence and limitations for pharmacologic treatment in the management of fibromyalgia syndrome
- Discuss data about non-pharmacologic strategies in the treatment of fibromyalgia
- Describe how symptoms of fibromyalgia syndrome overlap with other common syndromes such as chronic fatigue and irritable bowel syndrome.
- Explain the dangers of polypharmacy in the management of fibromyalgia syndrome

“Make no bones about it: Understanding the pharmacist’s role in osteoporosis management” Jill Hiers, PharmD, Clinical Pharmacist Elliot Health System, Manchester, NH

1 hour of knowledge based CE

Pharmacists (ACPE #0837-9999-18-243-L01-P)

- Define osteoporosis and osteopenia
- Calculate a FRAX score
- Describe bone mineral density results
- Discuss bone healthy lifestyle options to patients
- Explain calcium and vitamin D recommendations
- Calculate estimated dietary calcium intake
- Discuss counseling points for available osteoporosis therapies
- Define the potential role of the pharmacist in osteoporosis management